



C·O·R·E
PHYSICAL THERAPY

ANAHEIM HILLS

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SCHEDULE

SEPTEMBER 2023

SUNDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Personal training available by appointment
Jonathan Limon, BS
Massage Therapy by appointment as noted
Michael Foster, CMT

1
8am -12pm **Massage available** by appointment

2

4
Closed

5

6
9am-6pm
Massage available by appointment
11:30am-12pm
Balance/Strength

7

8
8am -12pm **Massage available** by appointment

9

11
9am-6pm
Massage available by appointment

12

13
9am-6pm
Massage available by appointment
11:30am-12pm
Balance/Strength

14

15
8am -12pm **Massage available** by appointment

16

18
9am-6pm
Massage available by appointment

19

20
9am-6pm
Massage available by appointment
11:30am-12pm
Balance/Strength

21

22
8am -12pm **Massage available** by appointment

23

25
9am-6pm
Massage available by appointment

26

27
9am-6pm
Massage available by appointment
11:30am-12pm
Balance/Strength

28

29
8am -12pm **Massage available** by appointment

30